

# Friday Facts

Center for Local Public Health Services Missouri Department of Health and Senior Services 573-751-6170 FAX 573-751-5350 Jo Anderson, Director

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#### **Highlights**

- DHSS September Visits to LPHA Jurisdictions
- September is Infant Mortality Awareness Month!
- September is Newborn Screening Awareness Month!
- September is Fetal Alcohol **Spectrum Disorders Awareness** Month
- September is Sickle Cell Awareness Month
- 2016 Text4Baby State **Enrollment Contest**
- Environmental Child Care Program - Child Care Sanitation Inspections
- Opportunity for Research Participation
- WIC Updates

#### **DHSS Corner**

DHSS Job Opportunities/News

#### Meetings, Conferences, and **Trainings**

- Missouri Foundation for Health: "Designing Programs to Achieve Results" Workshop Opportunity -August through December
- Retail Program Standards Meetings -August 30 & September 8
- Save the Date! -MCH & CCHC Programs: **Regional Networking Meetings**

#### **HIGHLIGHTS**

#### **DHSS SEPTEMBER VISITS TO LPHA JURISDICTIONS**

The September report of the Department of Health and Senior Services (DHSS) scheduled visits to the local public health agency (LPHA) jurisdictions has been posted on the Center of Local Public Health Services (CLPHS) intranet page. This report is being shared at the request of the Director's Advisory Council (DAC), in order to provide information should LPHAs receive questions from local constituents. DHSS programs will notify the LPHA directly with any additional visits scheduled after publication of the September information.

#### **SEPTEMBER IS INFANT MORTALITY AWARENESS MONTH!**

The death of a baby before his or her first birthday (infant mortality) remains a sad reality for many parents, and this takes a serious toll on the health and well-being of families. The top five leading causes of infant mortality include: 1) birth defects; 2) preterm birth (<37 weeks gestation) and low birth weight (<5 pounds 8 ounces); 3) maternal complications of pregnancy; 4) Sudden Infant Death Syndrome; and 5) injuries (suffocation). What can you do? A woman's health prior to getting pregnant (preconception) can be the deciding factor on a healthy birth and baby. Good preconception health means living a safe, healthy lifestyle and managing any current health conditions before getting pregnant. Please visit the following link to learn more on infant mortality and what you can do: <a href="http://www.cdc.gov/features/">http://www.cdc.gov/features/</a> infantmortality/.

#### SEPTEMBER IS NEWBORN SCREENING AWARENESS MONTH!

Newborn screening encompasses three tests that are completed shortly after birth. Missouri law requires all babies born in the state to have a bloodspot, hearing, and a critical congenital heart disease screening. These screenings can detect over 70 serious conditions that otherwise may not be detected for several days, weeks, months, or even years. Without early detection and intervention these disorders can result in severe injury to the brain, organ systems, nervous systems, and can potentially result in death. Newborn screening is the only way to find these disorders, since symptoms are generally not noticeable at birth. Early diagnosis and treatment through newborn screening can save lives and help babies grow up as healthy as possible. For more information on newborn screening, please visit http://health.mo.gov/ newbornscreening.

# Meetings, Conferences, and Trainings (Continued)

- Immunizations411 "Vaccine Recommendations for Pregnant Women" Webinar – September 15
- Infant Mortality Awareness
   Month Workshop –
   September 23
- MMFEHA Meeting to Plan for the 2017 Annual Education Conference – September 23
- Save the Date: Eastern Nurses for Public Health Training – September 29
- Certification Board Exam -October 4
- MGT447 Managing Food <u>Emergencies Training</u>
   Opportunity – December 7-8
- MGT341 Disaster Preparedness for Hospitals and Healthcare Organizations within the Community Infrastructure Training - January 24-25

#### **LPHA Job Opportunities**

# Links to Valuable Resources

- Calendar of Events
- Directory of LPHAs
- Area Agencies on Aging & Services
- <u>Missouri Association of Local</u>
   Public Health Agencies
- <u>Missouri Institute for Community</u> <u>Health</u>
- <u>Missouri Public Health</u> <u>Association</u>
- CDC's Weekly Scientific Digest
- CDC Environmental Health Training Resources
- FDA Environmental Health Training
- Missouri Health Information <u>Technology (MO HIT)</u>
   Assistance Center
- Ozark Public Health Institute
- Heartland Centers
- Midwest Public Health Training Center

### SEPTEMBER IS FETAL ALCOHOL SPECTRUM DISORDERS AWARENESS MONTH

Drinking alcohol during pregnancy can cause miscarriages, low birth weight, and a range of lifelong conditions knowns as Fetal Alcohol Spectrum Disorders (FASD). There's no safe amount, no safe time, and no safe type of alcohol to drink while you are pregnant. Alcohol can cause problems for a developing baby throughout pregnancy. The National Organization on Fetal Alcohol Syndrome is hosting a Twitter chat for FASD Awareness Month on Tuesday, September 13, at 1:00 p.m. eastern time. Please use the hashtag #FASDchat to participate in the chat. You may participate by asking questions, retweeting, and adding your messages on FASD prevention and treatment. For more information on FASD, please visit the Department of Health and Senior Services at <a href="health.mo.gov/living/wellness/tobacco/atod">health.mo.gov/living/wellness/tobacco/atod</a>. Resources can be provided by contacting TEL-LINK, a toll-free information and referral telephone line for maternal, child, and family health services, at 800-TEL-LINK (800-835-5465).

#### SEPTEMBER IS SICKLE CELL AWARENESS MONTH

Sickle Cell Disease (SCD) is the most common inherited blood disorder in the United States. It affects as many as 100,000 people and millions more worldwide. SCD causes red blood cells to become rigid and curve into a crescent or sickle-like shape. These sickle-shaped cells lodge in blood vessels causing blockages that can result in serious medical complications including anemia, infections, severe recurrent pain, stroke, tissue damage, and organ failure. The disease primarily affects people of African descent, but is also found in people of Mediterranean, Middle Eastern, and Latin American ancestry. There is currently not a widely available cure for SCD; however, advances in treatment and preventive therapies have significantly improved the life expectancy and quality of life for those affected by the disorder. For additional information about SCD, please go to <a href="http://www.health.mo.gov/living/families/qenetics/sicklecell/index.php">http://www.health.mo.gov/living/families/qenetics/sicklecell/index.php</a>.

#### **2016 TEXT4BABY STATE ENROLLMENT CONTEST**

Since the launch of the nationwide Text4baby campaign, over 20,000 pregnant women and new mothers in Missouri have registered to receive free weekly text messages timed to their due date or baby's date of birth. In Missouri, text messages are customized to provide Missouri-specific phone numbers and websites. The 2016 Text4baby State Enrollment Contest is now underway to promote this mobile information service that offers critical health and safety information through text messaging. The competition among states continues until October 8, and it is the perfect opportunity to help pregnant women and new moms sign up for the service by texting "BABY" (or "BEBE" for Spanish) to 511411. Please encourage dads to sign up as well. Messages help fathers understand their baby's development and provide support for their partner. For more information, please visit <a href="https://www.text4baby.org">www.text4baby.org</a> or call 800-877-6246.

### **ENVIRONMENTAL CHILD CARE PROGRAM - CHILD CARE SANITATION INSPECTIONS**

reimbursements by that date or the PA, please contact Breanna Werdehausen immediately at eccprogram.lphas@health.mo.gov.

The FY17-FY19 Child Care Sanitation Inspections (CCSI) Participation Agreements (PA) have been sent out via e-mail. Please return your signed PA to the Environmental Child Care (ECC) Program by **September 16**. As a reminder, the last day of the current fiscal year and PA is September 30. Local public health agencies (LPHAs) are encouraged to submit their reimbursement request as soon as possible. **All CCSI billings (including September) must be received by the ECC no later than October 7.** Requests submitted after this date may not be payable. If you have concerns about submitting your

#### OPPORTUNITY FOR RESEARCH PARTICIPATION

Chances are you know someone who has been affected by breast cancer. Whether it's your mother, your aunt, or a friend from church; breast cancer touches us all. Dr. Rebecca Lobb and her study team from Washington University will be recruiting people who had an abnormal screening test for breast; cervical; or colorectal cancer in the last 10 months, to participate in one-hour interviews for a research study. The goal of the study is to learn about their experience with completing diagnostic services after the abnormal cancer screening test. The information gathered from the study will be used to identify promising strategies for promoting early detection of cancer. The study is funded by the National Cancer Institute and the American Cancer Society. Residents of Bollinger, Butler, Cape Girardeau, Dunklin, Mississippi, New Madrid, Pemiscot, Scott, Stoddard, and Wayne counties are eligible to participate. Participants will receive \$50 for their time. You can contact Julia Maki at <a href="makij@wudosis.wustl.edu">makij@wudosis.wustl.edu</a> or by 314-286-2835, if you would like to post fliers for the study in your public health department, to make residents of your county aware of the project.

#### **WIC UPDATES**

The WIC Updates have been posted to the WIC webpage. You can view the updates at <a href="http://health.mo.gov/living/families/wic/wicupdates/index.php">http://health.mo.gov/living/families/wic/wicupdates/index.php</a>. This week's updates include:

- Formula Description Changes in MOWINS
- MOWINS Release 2.26 (Nutrition Risk Factors) Staggered Download Local Agency Survey
- Mandatory Revision 14 Nutrition Risk Factors Training Conference Call Information
- Non-GMO (Genetically Modified Organism) Infant Formulas
- Choose MyPlate Handout Available at the DHSS Warehouse
- CEU Corner
- JOB POSTING: Part-Time Breastfeeding Peer Counselor Butler County Health Department
- JOB POSTING: WIC Nutritionist Butler County Health Department
- **JOB POSTING:** Part-Time WIC Breastfeeding Peer Counselor City of St. Joseph Health Department
- JOB POSTING: Full-Time Registered Dietitian Clay County Public Health Center

#### **DHSS CORNER**

#### **DHSS JOB OPPORTUNITIES/NEWS:**

#### **CLASS RECRUITMENT OPENINGS**

The following class has been issued with an opening date of August 23 and a closing date of **September 6**:

Research Analyst II

The following classes have been issued with an opening date of August 23, and a closing and first addition date of **September 6**:

- Environmental Supervisor
- Research Manager

The following class has been issued with an opening date of August 29, and a closing date of **September 12**:

• **Program Coordinator** (Mental Health) (Health and Senior Services)

Interested applicants must apply and be determined eligible for the classification by completing an application at <a href="https://www.ease.mo.gov/">https://www.ease.mo.gov/</a>. The above opportunity can be viewed at <a href="http://oa.mo.gov/">http://oa.mo.gov/</a> <a href="personnel/classification-specifications/">personnel/classification-specifications/</a>.

#### **MEETINGS, CONFERENCES, AND TRAININGS**

# MISSOURI FOUNDATION FOR HEALTH: "DESIGNING PROGRAMS TO ACHIEVE RESULTS" WORKSHOP OPPORTUNITY - August through December

There are lots of workshops on how to write for grants, but how do you design an outcome-driven program before you seek funding? Sponsored by the Missouri Foundation for Health and conducted by The Grantsmanship Center, these two-day experiential workshops are intended for program staff wanting to design interventions focused on outcomes. Learn how to turn an idea into a program based on results. The cost is \$50/person (normally \$590) and includes breakfast and lunch both days PLUS a copy of *Grantsmanship: Program Planning & Proposal Writing* (a \$45 value). See the attached <u>flier</u> to learn more about this great opportunity!

#### **RETAIL PROGRAM STANDARDS MEETINGS - August 30 & September 8**

The Bureau of Environmental Health Services (BEHS) and the Food and Drug Administration (FDA) have planned regional meetings to discuss participation in the Voluntary National Retail Food Regulatory Program Standards. Topics to be discussed include the nine standards, resource sharing, standardization, and funding. Currently, sessions are scheduled in three areas, with at least one (possibly two more) for the eastern part of the state. Please contact JD Kelley with the BEHS at <a href="mailto:id.kelley@health.mo.gov">id.kelley@health.mo.gov</a> if you plan to attend. Manuals detailing the standards will be provided to all registered participants. If you are currently participating in the standards, or are considering participating in the standards, please attend one of these sessions:

• Jefferson County Health Department 10:00 a.m. to 2:00 p.m. September 8, 2016 (Arnold Office)

#### SAVE THE DATE! - MCH & CCHC PROGRAMS: REGIONAL NETWORKING MEETINGS

Please mark your calendar and plan to attend the Maternal Child Health (MCH) and Child Care Health Consultation (CCHC) Regional Networking meeting that is most convenient for you. The trainings will be from 10:00 a.m. to 3:00 p.m. An agenda will be provided at a later date.

•	Southeast District	Wednesday, September 7	Stoddard County Public Health Center
•	Central District	Friday, September 9	930 Wildwood, Jefferson City
•	Northeast District	Tuesday, September 13	OATS NE Regional Office, Macon
•	Northwest District	Friday, September 16	Clay County Public Health Center
•	Eastern District	Tuesday, September 20	Franklin County Government Center
•	<b>Southwest District</b>	Friday, October 21	The Library Center, Springfield

Attached is a <u>registration form</u> with specific dates and locations. Please mark the meeting you plan to attend, and return the form to the Center for Local Public Health Services, Attn: Rebecca Mitchell, by e-mail at <u>Rebecca.Mitchell@health.mo.gov</u> or by fax at 573-751-5350.

### IMMUNIZATIONS411 "VACCINE RECOMMENDATIONS FOR PREGNANT WOMEN" WEBINAR – September 15

The Immunizations411 webinar for September is "Vaccine Recommendations for Pregnant Women". This webinar will be presented by Dr. Keven Ault, a member of the American College of Obstetrics and Gynecology immunization work group. It will focus on what vaccines are recommended for pregnant women and the safety of vaccinating during pregnancy. The webinar is scheduled for Thursday, September 15, from 12:00 p.m. to 1:00 p.m. Register here to attend the webinar.

#### **INFANT MORTALITY AWARENESS MONTH WORKSHOP – September 23**

Please join Missouri Bootheel Healthy Start on September 23, from 9:00 a.m. to 12:00 p.m., for the Infant Mortality Awareness Month workshop. There will also be a networking lunch and video showing from 12:00 p.m. to 1:00 p.m. Speakers include Martin Maize, Alan Barnett, MD, and Gina M. Rocchio-Gymer. Please see the filer for more details on speakers and topics. Please RSVP by September 19. Transportation will be provided, mileage reimbursement and child care reimbursement for up to two children at \$10 per child under the age of 10 for Healthy Start clients and volunteers. We look forward to seeing you!

#### MMFEHA MEETING TO PLAN FOR THE 2017 ANNUAL EDUCATION CONFERENCE - September 23

The Missouri Milk, Food, and Environmental Health Association (MMFEHA) will be holding a meeting on September 23 to plan the program for the 2017 Annual Education Conference. This meeting will be held at the Department of Health and Senior Service's Wild Oak conference room located at 930 Wildwood in Jefferson City. The meeting will be from 10:00 a.m. to 2:00 p.m. Lunch will be provided. Please e-mail Nancy Beyer if you intend to come to the meeting so plans can be made to have lunch delivered. Nancy can be reached by e-mail at <a href="mailto:nancy.beyer@health.mo.gov">nancy.beyer@health.mo.gov</a>. If you cannot attend the meeting, please send suggestions for program topics and/or speakers to one of the executive board members at <a href="http://www.mmfeha.org/">http://www.mmfeha.org/</a>.

#### SAVE THE DATE: EASTERN NURSES FOR PUBLIC HEALTH TRAINING - September 29

The Eastern Nurses for Public Health (ENPH) would like to extend an invitation to <u>all nurses</u> to attend their next training which will be held September 29, from 9:30 a.m. to 3:00 p.m., at the St. Charles Department of Public Health (1650 Boone's Lick Rd, St Charles, MO 63301). Items on the agenda will include discussions and education related to Zika Virus, the heroin epidemic, and meningococcal disease. Please bring your own lunch or order when you arrive at the conference. Light snacks will be provided. Registration is available <a href="here">here</a>, and the agenda will be available soon. If you have any questions, please contact Lisa Sitler at <a href="here">Publichealthnursemo@qmail.com</a> or Heather Peterson at <a href="here">HPeterson@sccmo.org</a>.

#### **CERTIFICATION BOARD EXAM - October 4**

The Missouri Board of Certification for Environmental Health Professionals will be giving the examination for the Missouri Certified Environmental Health Specialist credential prior to the Missouri Environmental Health Association (MEHA) Conference. The exam will be given on Tuesday, October 4, beginning at 9:00 a.m. at the Inn at Grand Glaze in Osage Beach. Anyone interested in taking the exam will need to submit the application and fee by Friday, September 16. Applications can be found at <a href="https://www.mmfeha.org">www.mmfeha.org</a>; Hover over 'Resources of the Board of Certification' and then click. You will be taken to the certification information page with the application and printable study guide. The Board can no longer proctor the National Environmental Health Association/Registered Environmental Health Specialist (NEHA/REHS) examination unless we have three examinees that have applied through NEHA. There is a \$350 fee unless there are 11 examinees sitting for the exam. The Board recommends the cheaper way to sit for the examination; contact NEHA and find out the closest testing location near you and coordinate with the testing center and the NEHA. For applications, please visit <a href="www.neha.org">www.neha.org</a>. An updated resource library for the exam may be checked out for \$100, upon return within six months of checking the books out, you will receive \$50 back. For more information, please contact Lisa Brenneman by phone at 417-864-1693 or via e-mail at <a href="mailto:lbrenneman@springfieldmo.gov">lbrenneman@springfieldmo.gov</a>.

#### MGT447 MANAGING FOOD EMERGENCIES TRAINING OPPORTUNITY - December 7-8

Please join us for the MGT447 Managing Food Emergencies: *Strategies for a Community Response* training opportunity that is being sponsored by the Missouri State Emergency Management Agency, National Center for Biomedical Research and Training/LSU, and the Randolph County Health Department. This course will teach participants how to manage food emergencies using the emergency operations center (EOC), Incident Command System (ICS) principles, and best management practices. The class will be held December 7-8, from 8:00 a.m. to 4:30 p.m., at the Randolph County Health Department, 324 E. Logan St, Moberly, MO 65270. Please see the training <u>flier</u>, for more information and how to enroll.

## MGT341 DISASTER PREPAREDNESS FOR HOSPITALS AND HEALTHCARE ORGANIZATIONS WITHIN THE COMMUNITY INFRASTRUCTURE TRAINING – January 24-25, 2017

The Missouri State Emergency Management Agency, in conjunction with the Phelps County Regional Medical Center (PCRMC) and Texas Engineering Extension Service (TEEX), has scheduled the *MGT341 Disaster Preparedness for Hospitals and Healthcare Organizations within the Community Infrastructure* class for January 24-25, 2017, in Waynesville. Please distribute the attached <u>flier</u> throughout your agency or jurisdiction. Individuals can register online at <a href="http://training.dps.mo.gov">http://training.dps.mo.gov</a>. Lodging and meal reimbursement will be provided for eligible personnel.

For other training opportunities, please see <u>Links to Valuable Resources</u> that is on Page 2 of this Friday Facts publication.

#### LPHA JOB OPPORTUNITIES

#### **BREASTFEEDING PEER COUNSELOR – Butler County Health Department**

The Butler County Health Department's Women, Infants, and Children (WIC) Program is seeking a part-time Breastfeeding Peer Counselor. The qualified peer counselor would be a mother who has had personal breastfeeding experience that provides information and support to other mothers in the WIC Program. Applications are available on-line at <a href="butlercountyhealth.org">butlercountyhealth.org</a>. Please submit resumes or applications to the Butler County Health Department, Attn: Human Services Coordinator, 1619 N Main St, Poplar Bluff, MO 63901. You may view the full position posting by clicking <a href="here">here</a>.

#### **NUTRITIONIST - Butler County Health Department**

The Butler County Health Department's Women, Infants, and Children (WIC) Program is seeking a Nutritionist who will work about 30 to 32 hours a week. The primary responsibilities of this position include planning and implementing nutritional components of the WIC program, completing the job functions of a WIC Nutritionist, providing nutrition and breastfeeding counseling and education to eligible families. Applications are available on-line at <a href="mailto:butlercountyhealth.org">butlercountyhealth.org</a>. Please submit resumes or applications to the Butler County Health Department, Attn: Human Services Coordinator, 1619 N Main St, Poplar Bluff, MO 63901. You may view the full position posting by clicking <a href="mailto:here">here</a>.

#### **REGISTERED NURSE - Caldwell County Health Department**

The Caldwell County Health Department is seeking a full-time Registered Nurse (RN). A minimum of two year RN experience is required, and public health experience is preferred. Successful candidate must have proof of their Missouri RN licensure. Please send resumes to the Caldwell County Health Department, Attn: Shelley Reed, Administrator, 255 West Main, Kingston, MO 64650. For more information, please call 816-586-2311.

#### **WIC NUTRITIONIST – Camden County Health Department**

The Camden County Health Department Women, Infants, and Children (WIC) Program is accepting resumes for a full-time Nutritionist. Applicants must have graduated from an accredited four-year college or university with a Bachelor's Degree in public health nutrition, dietetics, nutrition, food, home economics, or a closely related field. This degree should include or be supplemented by at least 15 semester hours in food and nutrition, including diet therapy and community nutrition. Please send resumes to Susan Puyear at the Camden County Health Department, P. O. Box 816, Camdenton, MO 65020. They may also be faxed to 573-346-0173 or e-mailed to <a href="mailto:susan puyear@camdenmo.org">susan puyear@camdenmo.org</a>.

#### **BREASTFEEDING PEER COUNSELOR – Stone County Health Department**

The Stone County Health Department is currently accepting applications for a part-time Breastfeeding Peer Counselor within their Women, Infants, and Children (WIC) Program. The selected candidate will give basic breastfeeding (bf) information, support and encouragement, and serve as a role model to pregnant and breastfeeding women. To apply, please call the WIC/BF Coordinator, Susan Campbell, at 417-272-0050. The Stone County Health Department is an equal opportunity employer.

Peter Lyskowski, Department Director, DHSS Staff County Presiding Commissioners, Board Chairs

The Missouri Department of Health and Senior Services enhances quality of life for all Missourians by protecting and promoting the community's health and the well-being of citizens of all ages.

AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER Services provided on a nondiscriminatory basis

Healthy Missourians for Life

